

God  
is working for  
our good  
in all things



## challenge

Take time this week to reflect on an area of your life in which you have unmet expectations. Can you take one action step this week to allow yourself:

- space to grieve
- reach out to Jesus and a friend or family member to remind you that you're not alone
- acknowledge your lows and celebrate the highs
- take a moment to remember Romans 8:28...God is working for our good in all things

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