SHAPE - Assess and Improve

Weekend Discussion Questions August 29-30, 2015

Community:

- 1. This week's SHAPE word is "assess." How do you assess things in your life? Do you feel like you're good at assessing? Why or why not?
- 2. Looking over last week, have you taken good steps to reprioritize your life regarding what we went over last week?

Core:

- 1. If someone close to you were to assess your life, where do you think they would find something wrong first?
- 2. If you honestly examine your time spent on social media, what is it costing you in other areas of your life? How would you benefit the most if you put down your phone or iPad?
- 3. When things get bad, what is your first response? Blame or responsibility? Why?
- 4. Where are you passive the most? How can you assess and change that?
- 5. How can you "train yourself for godliness"? How do you make your life harder for the sake of getting better?
- 6. How have you been someone of integrity recently? How have you been a hypocrite?
- 7. **Read Genesis 3:1-6**. Where was Adam when Eve ate from the tree? Where have you been when things have gone poorly with your family? How can you change that from this point on?

Challenge:

Scott ended with these 6 questions. Take the next 5 minutes to write out your answers, and then take 5 minutes after that to come up with a "next step" to work on those answers. Share with the group your next steps and come back next week ready to talk about how you worked on them.

- 1. Where am I engaging in passive activity?
- 2. Where am I failing to protect my family?
- 3. Where am I valuing things more than people?
- 4. Where do I have ruts in my life?
- 5. What needs to be rooted out and thrown away?
- 6. When was the last time I took a risk and trusted God with the outcome?