



Group Overview:

We engage in pop culture through music every day. We believe that even in today's music, we can see Jesus when we look for Him. In this series, *Summer Soundtrack*, we take some popular songs that everyone would know by heart and unpack the biblical truth in each of them. Today we hear from Ben, our College Pastor, as he talks about trust.

Ice Breaker:

Would you rather have no elbows or no knees?

Discussion Questions:

1. Why can trusting others seem so difficult at times?
2. In what ways have you had to put your trust in God before?
3. How does Isaiah 41:10 encourage you? How does this passage help when it comes to trusting God?
4. Philippians 4:6-7 talks about peace that surpasses our understanding. In your own words, what do you think this means?
5. In what ways can you try trusting others this week? In what ways can you trust in God more?

Prayer:

Go around the table and talk about prayer requests. Make sure to write them down and then pray all together.