# Source

Flatirons Students

John 6:32-35

Icebreakers: What’s the most food you’ve ever eaten?

What is the craziest food you’ve ever eaten?

Is there a food that you hate that everyone else likes? What is it?

Read John 6:32-35

What stands out to you?

What doesn’t make sense?

1. What does spiritual hunger look like?
2. Have you ever found yourself spiritually hungry? Why?.

1. What are some things you’ve done to fill the “void” in your life? Did they work? Why or Why not?

1. How can we look to Jesus to be the source of our life?

5. What are some steps that we can take this week to keep our eyes on Jesus?