

SOUL WEEK 2: OWNERSHIP

ICEBREAKER: *What is the most valuable thing that you own (not the most expensive, but most valuable to you)?*

QUESTIONS:

1. **What is your soul?**
 - **Why is it more difficult to take care of your soul than your body?**
2. **Why is it important to take care of your soul?**
3. **What sorts of “attacks” are you experiencing on your soul right now?**
 - **Leader note: Enemy’s tactics are distractions and lies- ask what kind of distractions they are facing?**
4. **What can you use as a defense to those attacks?**
 - **Why is it important to keep this truth in our minds and hearts?**
5. **Read Psalm 139**
 - **What do these verses say about you?**
 - **How are you going to remind yourself to read this chapter every day?**

CHALLENGE: *Read Psalm 139 every day this week. Set a reminder in your phone or leave your Bible open where you can see it.*

PRAY: *Ask for pray requests and pray over students.*