



Discussion Questions "Heart in Pieces" - Pieces February 1-2, 2020

// Bible References

Mark 12:29-31

// Community Questions

1. When you were a kid, what did you want to be when you grew up?

// Core Questions

- 1. Read Proverbs 4:23 and Luke 6:45. As these verses and Jim say this weekend, your heart is the source of desire that drives your actions. What is it that you want that has been driving the way you live your life?
- 2. When you don't get or have what you want, how do you usually react? (e.g., force the issue, power up on others, manipulate, suppress the desire, become a doormat, become a victim, etc.)
- 3. Underneath the surface-level wants in your life (e.g., a reliable car or a romantic relationship), what is it that you really want for your life that you are hoping that surface-level want will get for you (e.g., safety, security, love, acceptance, peace, etc.)?
- 4. How do you usually go about trying to get your "want" (answer to question 3)?
- 5. Read Psalm 20:4 and Matthew 7:7-11. Does God want good for you? Is your "want" something that God also wants for you?
- 6. Discuss some ways you might be able to go about getting your "want" in a better, healthier way.

// Challenge

When we have a broken heart, or "wanter," we tend to swing one of two ways. We either inflate our "wanter" and become a tyrant, or we diminish it and become a weakling. Take a look at this scale that explains some of the behaviors shown by people with different levels of a broken heart:

Weakling: pushover, feels inferior to others, gives in to others

Healthy: initiates, clear about wants, motivational, serves others

Tyrant: arrogant, entitled, controlling, feels superior, easilly threatened by others

Think through this this week and try to become aware of where you fall on this scale. When you have pinpointed it, pray that God will reveal a better way to go about getting what you want. And if you find yourself dead center with a healthy heart, come back for the rest of this series to discover what other areas of our lives God wants to heal.