

PRESS PLAY (JULY)

MONTHLY DEVOTIONAL

Psalms 13, Hebrews 13:8

Trust in God feeds our confidence.

Confidence is seeing yourself the way God sees you, or at least as a Christian this is how we should see our confidence. If we do not have a good grasp on who our creator is, how can we have a good understanding of who we are? And with that, how can we believe in who we are if we do not trust God? When we believe God is who he says he is and will do what he says he will do, we should also believe what he says about us.

Trusting God feels like one of the hardest things for me. I picture it like a constant game of tug of war. It should not actually be a game of tug of war, I should be willing to follow God and trust where he leads me. Instead, I often grab the rope and pull back; trying to lead myself because of my lack of trust. Or trusting him in some areas but not all areas so that I get nowhere. The worst is when I pull back so hard on the rope that I fall on my butt, in the dirt, and it hurts. I learn once again that I should have just trusted God in the first place.

And there's the beauty of Christ. Helping me out of the mud pit I fell in, giving me a hug (full of grace for my mistakes), and ready to lead me as I choose to trust him.

Trust is a choice, and it is not always an easy one. Especially as a human being where our most common relationships are with other humans who let us down and fail us, as we do them. Then there is God who is holy, perfect, and good, which we may know and believe, yet we don't have him physically there to trust him.

Since God is the same yesterday, today and forever, we know he is always trustworthy. When we lack trust in him it is because of our human experiences. Still, he is filled with grace and mercy when we are skeptics and always helps us to get back up. The more I learn about trusting God, the more I realize it is just one baby step at a time. God knows I am only human. He knows how I have been hurt, but he still wants us to take steps. Each step I take towards trusting God, no matter how little, can only help. That is because he is the one we can always count on; who will NEVER fail us. The more we choose to trust him over our fears, the more we truly believe we can trust him. The more we trust in him the more we can have our confidence and self-worth defined by him and live in that beautiful truth.

Where do you find yourself playing tug of war in your trust in God?

Can you think of a time another human failed you that can be linked to your lack of trust in God?

Can you think of a time when God gracefully picked you up from your mistake and continued to lead you lovingly?

What is one baby step you can start taking towards trusting God this week?

How does confidence and trusting God go hand in hand?