

# Discussion Questions "Slow is Fast" – New Day January 18-19, 2020

#### **Group Creed**

We come together as a Group with the goal of Spiritual Formation; encouraging one another to become the same kind of person that Jesus is, so that we can live out every part of our lives inside of His Kingdom.

### // Bible References

Proverbs 16:7, Isaiah 9:5-6, John 14:27, Romans 5:1, Ephesians 2:14-15, Colossians 1:19-20

### // Community Questions

1. Have you ever taken one of those DNA heritage tests? Any cool or surprising results?

# // Core Questions

- 1. Have you ever wanted something in your life to be fixed or changed as fast as possible?
- 2. In what sort of situations might this strategy work? In what sort of situations might this strategy *not* work?
- 3. Have you ever gone too fast in trying to fix or change something, and then ended up having to go back to clean things up?
- 4. What is one area of your life where slowing down and getting it right the first time might be the best strategy?
- 5. Like stone masonry, the most important relationships of our lives (marriage, children, parents, friends, etc.) involve a series of constant adjustments. Where in your life have you been neglecting to make these adjustments?

# // Challenge

Jim talks about how the biblical concept of "peace" is about more than just the absence of conflict. It is about *completeness*, like a stone wall where every stone is supporting the one next to it and there are no gaps. But stone walls don't just pop up out of nowhere in the blink of an eye. They take time to build and then require constant maintenance.

After identifying in the discussion questions where in your life you are either going too fast or ignoring the constant adjustments that the important parts of life take, take some time to pray and think through what you can start implementing in your life to start creating "shalom." What is one step you can take in the next 3 days? What is one you can take in the next 3 weeks? It may not get fixed all at once, and it may take a lot longer than you hoped. But forcing or neglecting the hard work isn't going to get you where you want to go either! So, begin to come up with a strategy to bring peace into your life and into the important, broken, and messy relationships you find yourself in.