

# Life: Interrupted – I'm Not OK

Weekend Discussion Questions

February 28 – March 1, 2009

## Community:

1. What's the best interruption you've ever had?
2. What's the worst interruption you've ever had?

## Core:

1. Read John 16:33 again. If faith in God doesn't protect you from pain in life, why bother?
2. When has your life been ambushed by trouble?
3. What in your life has turned out in a way you would never have predicted?
4. Do you identify more with someone who is going through depression or someone who loves someone who is going through depression?
5. How have you viewed depression in the past? How do you now?
6. Jim said, "Being depressed isn't necessarily a sin, but it's easy to sin when you are depressed. Agree or disagree?"
7. How does God want the church to treat those who are struggling with depression?
8. Have you ever been so overwhelmed that you didn't even know what to pray? Read Romans 8:26
9. What do you do when you can't even pray?
10. What is one major thing you have learned from this series so far?

## Challenge:

1. Memorize Romans 8:26
2. Go to [flatironslist](http://flatironslist) to join a group. ([flatironschurch.com/flatironslist](http://flatironschurch.com/flatironslist))
3. Check out the blog. ([flatironschurch.com/blog](http://flatironschurch.com/blog))



**flatirons**  
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**Weekend Services** | Sat 5:00 & 6:30pm | Sun 9:00, 10:30 & 11:55am, 6:30pm