



## I Believe, Help My Unbelief Jess DeYoung, Week 5 September 4, 2022

### // Bible References

Mark 9:21-24; Psalm 119:82-84; Amos 3:12 NIV; Romans 5:8.

### // Community Question

Describe something you doubted, investigated it, and then found it to be true. What changed after the investigation? What could have happened if you never investigated the concern?

### // Discussion Questions

“If you can do anything” was the father’s statement to Jesus. There are several concepts wrapped up in this one statement.

1. On a scale of 1-10, how strong would you say the father’s faith was when his child was sick? What evidence in the scripture would back up why you gave that rating?
2. If you rated the father’s faith low, how much faith does it take for his son’s healing to take place? (Read Matthew 17:20). How big is a mustard seed?
3. Did the father need more faith, or did he just act on the faith he had?  
Do you need more faith, or do you just need to act on the faith you have?  
What does it look like to “act on the faith you have”?
4. How are increasing faith and decreasing doubt related? How do we “increase our faith”?
5. What are some factors or situations that go into our praying the last ditch “if you can do anything” prayers?
6. Read John 6:16-21. The disciples were in trouble. How much effort did they expend before they looked to Jesus? (v.19).  
Give some examples of when you also “rowed about 3 to 4 miles” before you stopped trying on your own and asked for help from others or God?
7. Jesse quoted a youth pastor:  
*“The killer of a student’s faith isn’t doubt...it’s unprocessed doubt.”*  
How can we help not just our students, but anyone process their doubt?

**// Challenge:** Satan is going to tell you that you do not have enough faith or that you are not good enough to call on God for help. Using your faith will help you trust God and that is one way to increase your faith. Use the faith you have and call on God when you are in difficult times this week.