

## Heart Attack “Check Up/Check In” – Jim Burgen November 24-25, 2018

### Group Creed

We come together as a Group with the goal of Spiritual Formation; encouraging one another to become the same kind of person that Jesus is, so that we can live out every part of our lives inside of His Kingdom.

Bible References: Matthew 5:1-37

### Community:

1. What's your favorite story from Thanksgiving this year?
2. What Christmas tradition do you do first each year, and how did that start?

### Core:

1. Looking back over the Sermon on the Mount, what has been your biggest takeaway and how has it influenced (or changed) your day-to-day life?
2. How would you describe what it means to be a “good” (*dikaiosune*) person and live a “good” life? Has your understanding of “good” changed or been influenced by what we've been working through in the Sermon on the Mount? If so, how?
3. What part of what Jesus says is right and true in the Sermon on the Mount has been the hardest for you to believe—believe for you or believe at all?
4. Throughout this series, have you noticed a change in the condition of your own heart? Do you have some areas you think need some work?
5. What difference do you think it make if you lived out (in every area of life) what Jesus says is true? If you're struggling to believe or do this, what do you think needs to happen for you to live that out?

### Challenge:

Take some time this week and pick the area in the Sermon on the Mount (Matthew 5:1-37) that you feel God is trying to work on with you. Then, ask God to show you what steps you need to take to change. Write these steps down and read them each morning—asking God to give you the strength and the wisdom to make these changes.