# Free - Free to Grow Up 

Weekend Discussion Questions
July 26-27, 2014

## Community:

1. Tell the group about a time that you trained for something, whether it was a race or a tryout or something else.
2. What was the hardest part of the training? What was the result of the training?

## Core:

1. Paul, who wrote down much of the New Testament, makes a comparison between training for/running a race, and following Jesus. What are some parallels between the two?
2. Read what Paul writes in 1 Corinthians 9:24-27. What does it mean to not "run aimlessly" when we're following Jesus?
3. If we got half as dedicated to following Jesus as we are with lowering our golf score, 10K time, or body-fat percentage, what would look different in our lives?
4. As we've been discussing the last 3 weeks, how would you describe "freedom in Christ" in your own words?
5. Read through Galatians $3: 24-25$. What does Paul mean when he says that the law was a "guardian" or a "supervisor"? Why is the law no longer necessary now that we live by faith?
6. Now read verses 26-29. Why does Paul tie in our relationship with Jesus to being "Abraham's offspring"-knowing the background of Judaism and the importance of Abraham, what's significant about that?
7. Continue reading in Galatians 4:1-3. How was man's understanding of having a relationship with God before Jesus similar to a boy being under his father's "rule" until he became a man?
8. Jim said, "A boy cannot learn how to be a man by himself...or read it in a book...or learn that from another boy-he needs another man to show him." How have you seen this principle demonstrated in real life?
9. Read verses 4-7. What does it mean to be an "heir" of God?

## Challenge:

1. Read Galatians 4:9. Why do we go back to old behaviors, when we've already been set free to grow up?
2. What's standing in the way of you growing into the person God knows you can be?
3. Take some time to pray that God would, by His power, help you continue to grow as a follower of Jesus.
