

Operator's Manual

"Guard Your Heart" – Jim Burgen

February 16-17, 2019

Group Creed

We come together as a Group with the goal of Spiritual Formation; encouraging one another to become the same kind of person that Jesus is, so that we can live out every part of our lives inside of His Kingdom.

Bible References: Ephesians 6:14-18 and Romans 8:5-11

Community:

1. What kinds of conversations (if any) are you having due to this new men's series?

Core:

1. Where do you feel "life and peace" in your world right now, and where is it missing?
2. **Read Ephesians 6:14-18.** Take some time and discuss each of these pieces of armor and what they mean: (a) Breastplate of Righteousness (b) Shoes of Readiness that comes from the gospel of peace (c) Shield of Faith to extinguish the flames from the evil one (d) Helmet of Salvation (e) Sword of the Spirit.
3. Looking at this spiritual battle armor described in Ephesians 6, what do you think is the piece you use the most, and why?
4. Jim said, "Weapons and armor, on their own, can't do anything. Weapons locked in a box or armor hanging in the closet are irrelevant." What do you think are some of the reasons people won't arm and equip themselves for spiritual battle?
5. Jim talked about how we let our body control our emotions, and then the emotions control our minds, our minds then control our hearts, and finally, our hearts determine what's true (subjective to our circumstances). How can this spiritual armor fight this?

Challenge:

Next weekend is Baptism Weekend at all the campuses. Have you made this important step in obeying Jesus as His follower? Do you have people in your life (spouses, children, etc.) who need help in understanding why baptism is so important? Be intentional this week by asking for God's guidance in next steps. You can also check out www.flatironschurch.com on our home page for all sorts of information and help regarding baptism. See you next week for this celebration!