



**The Cost**  
**Week 2 - November 13<sup>th</sup>, 2022**  
**Ben Foote**

**Community question:**

Read 1 Peter 5:6 Humility in this passage is characterized by letting go and lowering ourselves. Why is this kind of humility the starting point for letting God run our life?

- 1) Read 1 Peter 5:7. Peter says to throw everything that we think about onto God. How could casting anything our mind is occupied with or dwells on help us?
- 2) Why is it safe to trust God with whatever our mind is occupied with or dwells on? Does this make it easier to trust Him? Why or why not?
- 3) Read 1 Peter 5:8 Peter tells us to be watchful as our enemy is seeking to devour us. Ben said one way we can do that is by paying attention to the “lion tracks” in our lives, which he defined as small actions that could lead to big consequences. What are some lion tracks in our lives that God is asking us to pay attention to today?
- 4) 1 Peter 5:9 What does it mean to resist (put up a fight) the enemy? What are some practical ways we can do that?
- 5) Peter also commands us to not go it alone, if comfortable, share a time in your life when God has put other people in your life to help you resist the enemy.

**Community Challenge:**

Re-Read 1 Peter 5:6-11 What are some things in our life that God might be asking us to turn over to him? What would it look like to do that? Do you need help? How could your small group support you this week?